

THE BARRE *Room*

HORARIOS

HORA	LUN	MAR	MIE	JUE	VIE	SAB
7:00	BARRE	—	—	—	—	—
9:00	BARRE	BARRE	BARRE	BARRE	BARRE	BARRE
10:00	—	BARRE	BARRE	YOGA	BARRE	BARRE
11:00	PILATES SCULPT	PILATES SCULPT	PELVIFLOW	PILATES SCULPT	PILATES SCULPT	BARRE
12:00	YOGA	PILATES SCULPT	PILATES SCULPT	—	YOGA	—

TARDES

HORA	LUN	MIE	HORA	MAR	JUE
17:30	BARRE	BARRE	17:00	PILATES SCULPT	PILATES SCULPT
18:30	PELVIFIT	BARRE	18:00	PILATES SCULPT	YOGA
19:30	BARRE	BARRE	19:00	BARRE	BARRE
			20:00	BARRE	BARRE